



# ATHLETIC THERAPIST

**COMPETITION: #22101-50173615**

**SECTION:** Employee Wellness Unit, Physical Health & Performance Team  
**STATUS:** Temporary part-time  
**HOURS OF WORK:** Approximately 26 hours of work per week  
Tuesdays 3:30 p.m. to 8:00 p.m.  
Every second Wednesday 7:30 a.m. to 11:30 a.m.  
Subject to change due to operational reasons that could not be foreseen at time of posting  
**SALARY:** Pay Grade 24 - \$38.68 to \$45.68 per hour  
**COMPETITION END DATE:** Thursday, August 18, 2022

Responsible for the overall promotion of health, injury prevention and rehabilitation, and fitness for the Vancouver Police Department.

## ESSENTIAL DUTIES

- Performs full body assessment prior to injury rehabilitation being implemented
- Provides rehabilitation advice, instruction, and rehabilitation programs for sworn, civilian, recruits, and applicants
- Provides manual therapy and therapeutic modalities as required
- Provides individual strength and conditioning programs based on the individual's goals
- Uses postural analysis, position analysis, and duty belt mechanics to provide accurate injury prevention programs and assessments
- Organizes and administers Increment fit tests and POPATs
- Administers POPAT/COPAT tests for applicants to the VPD and training course/drop-in sessions for applicants
- Manages programming, treatment, testing, and teaching schedules between various VPD locations
- Promotes health by coordinating health seminars and providing information on nutrition, current fitness, diet trends, health and fitness discounts, and overall active living
- Secures corporate discounts for various health products for VPD staff
- Conducts mandatory squad testing such as the DOGPAT and the ERT fitness test
- Stays up-to-date with current research in the areas of health, fitness, and therapy
- Other related duties and responsibilities as assigned

## KNOWLEDGE, SKILLS, AND ABILITIES

- Must possess and maintain a superior level of physical fitness and a committed training ethic
- Ability to establish and maintain effective working relationships in a team environment
- Ability to be organized in order to manage various facilities, tasks, and projects
- Ability to lead group training and/or rehabilitation sessions
- Understanding of the physical tasks and duties of a police officer
- In-depth understanding of how the body adapts to stress
- Ability to assess and rehabilitate injuries and movement dysfunctions
- Working knowledge of the organizational structure of the VPD

## EXPERIENCE

### Required:

- Minimum of five years working with injury prevention, assessment, rehabilitation, strength and conditioning, and first aid
- Previous experience teaching and educating individuals about health and wellness

### Preferred:

- Previous experience in public speaking and creating presentations



## EDUCATION

### Required:

- Degree or diploma in physical education, kinesiology, human kinetics or related field
- Currently a certified Athletic Therapist (CAT) through the Canadian Athletic Therapists Association
- Professional-level personal training certification (CSEP, CSCS, CanFit Pro, etc.)

### Preferred:

- First responder or Occupational First Aid 2 (or higher) certification
- Functional Movement Screen Certification
- Tactical strength and conditioning facilitator
- Training in ergonomics

## OTHER REQUIREMENTS

- Valid BC Driver's licence
- All employees must maintain their enhanced security clearance while employed with the Vancouver Police Department, which will be renewed every five years or as required

## SELECTION PROCESS

Candidates will be required to demonstrate the ability to perform the different elements of the POPAT (Police Officers Physical Abilities Test) in order to move forward to the interview stage.

- The test will account for 60% of overall score
- The interview will account for 40% of overall score

***NOTE: This position falls under the jurisdiction of Teamsters Local 31.***

Applicants should submit a resume via email to [vpd.civilian.jobs@vpd.ca](mailto:vpd.civilian.jobs@vpd.ca) by 4:30 p.m. on the closing date. **Indicate the competition # in the subject line of the email.**